

Color Me 4K Fun Run/Walk

General Information

The Color Me Run/Walk is a one of a kind experience that is less about speed and more about enjoying time with your friends and family while becoming a human canvas. The Color Me Run is for runners and walkers of all speeds, ages, shapes, and sizes. You will love this 4k of fun!

One main rule we have is to wear a white shirt (any mostly white T will work great - or use the one we give you) at the start line because your shirt will be color plastered at the finish! Runner and walkers will begin the 4k at the start line like a brand new artist canvas. By the end you will be a "work of art".

Each color splash station of the event is associated with a designated color: yellow, orange, pink, or blue. As runners/walkers reach the color splash **COLOR ME RUN** stations, they are greeted by our "professional artists" of volunteers, sponsors, and staff who will begin their creations. All products are 100% natural and safe. Note that for more colorful works of art you will want to be closer to the edges at **COLOR ME RUN** Stations.

After the finish, participants are encouraged to stay for food and entertainment provided by Local School Music and Dance programs.



The Color Me Run/Walk Registration Information

Sign up as a solo runner/walker, or get together with a team to participate in The Color Me 4K Fun Run/Walk. We will only be able to accommodate 500 participants this year and we expect it to sell out quickly so register soon.

Pre-registered by	<u>Feb. 14</u>	<u>Race Day</u>		<u>Feb. 14</u>	<u>Race Day</u>
Color Me Fun Run/Walk <i>Only</i>	Adults \$35.00	\$40.00	or Combo	Color and 5K Runs \$55.00	\$70.00
Color Me Fun Run/Walk <i>Only</i>	Student \$20.00	\$25.00	or Combo	Color and 5K Runs \$40.00	\$50.00

Other Useful Information

No age limits :-). If you can run, jog, walk, or stroll the 2.5 miles of the course, you can absolutely do The Color Me 4K Fun Run/Walk!

The packet pick up details are posted on our home page.

As long as runners wear shirts that are mostly white, you are all set. Shirts can include team logos and any other image you see fit.

Getting the color thrown at your shirt is like getting into a flour fight while cooking with your sister.

Although the "color" does mostly wash out after the event, as with anything dirty, the sooner you wash it the better. We suggest wearing items that you wouldn't mind getting colorful. If you would like to preserve the color in your running shirt, you can spray it with vinegar and iron it before you wash it.

The Color Me Run Station "bursts" are basically food grade cornstarch and are 100% natural and SAFE. As with any substance, you want to keep it out of your eyes and our "professional" color throwers make sure to aim below your face as you pass by. Some "Color Me participants" will want to opt to wear glasses or goggles for your eyes and use a bandana or dust mask for your mouth.

You will want to bring some towels for the inside of your car, just in case. It's like driving home from a run with sweaty clothes.

We recommend covering cameras/phones with plastic wrap if you plan to take pictures while running/walking.